

Options with a degree in Physiotherapy

What skills will you develop?

Physiotherapy graduates are able to:

- perform manual therapy safely
- understand the types of exercise and movement used to help improve mobility and function
- problem-solve and make decisions
- act empathetically
- adapt and work with flexibility
- manage time and workloads effectively
- communicate effectively with multi-disciplinary teams
- conduct research and reflect on own practice

[Job Profiles: Physiotherapy \(NHS Careers\)](#)

[Job Profiles: Physiotherapy \(Prospects\)](#)

[Job Profiles: Physiotherapy \(National Careers Service\)](#)

Physiotherapy graduates would also find their degree a useful background or relevant first step prior to further training or study, for these job roles:

- Occupational therapist
- Animal physiotherapist
- Higher education lecturer
- Sports therapist
- Massage therapist
- Acupuncturist
- Chiropractor
- Osteopath
- Personal trainer
- Health trainer
- Pilates teacher
- Sport and exercise physiologist
- Strength and conditioning coach

What other career options are there?

Many employers seek graduates with a good degree (usually a 2.2 or higher), and over 80% of employers don't have a preference for the subject studied. These are some of the areas you could also consider. Some of these will involve further study or training:

- Civil Service
- Local government
- Law
- HR
- Recruitment
- Banking
- Accountancy
- Finance
- Insurance
- Hospitality
- Events management
- Public Relations
- Marketing
- Sales and retail
- Advertising
- Charity and voluntary work
- Tourism
- Politics

For more information about different sectors and job roles, including career-planning tools, the following websites are helpful:

[Prospects](#)

[National Careers Service](#)

[TargetJobs](#)

[AllAboutCareers](#)

What help is available from the University of Cumbria?

The Careers and Employability Service can support you with your career planning throughout your time at university, and for up to three years after you graduate. During this time, you can access our career hub, [My Career Enriched](#), which enables you to:

- search for graduate jobs, part-time work, work experience, placements and paid internships
- book one-to-one advice and guidance appointments
- book a practice interview
- book onto employability events
- CV/Application review service.

We also offer practical workshops on a range of employability topics, as well as advice and information about further study.

Students with a disability or health condition can request information and advice on finding disability confident employers, how to declare a disability, applying for work, and requesting adjustments in the recruitment process.

Access our range of careers information and resources on [My.Cumbria.ac.uk](https://my.cumbria.ac.uk)

Other useful sources of advice

[Chartered Society of Physiotherapy](#)

[Health and Care Professions Council](#)

[Targetpostgrad](#)

[FindAMasters](#)

[UNISON](#)

[NHS Health Careers](#)

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