

Moving on...



Your next steps?

- 1. How confident do you feel about your next steps?**
- 2. What do you think you can take from your degree into the work place?**
- 3. What support do you think you may need?**

Alumni Association for life

As an alumnus you will:

- Receive exclusive alumni benefits and services, including:
 - Discount on further study.
 - Free use of the library for reference with reduced rate for borrowing*.
 - Sports discounts.
 - Alumni newsletter.
 - Alumni events such as networking and reunions.

View current offers at:

www.cumbria.ac.uk/alumni/whats-in-it-for-me/

** Currently £35 per year*

Your Career

Support for up to **three years** after graduation:

- Job search, application and interview skills.
- Career planning and direction – what are your options?
- Feedback on CVs, letters, applications and personal statements.
- Practice interviews.
- Postgraduate study application support.
- Resources for starting your own business.
- Improve your employability skills with Career Elevator courses.

Covid-19

The University of Cumbria campuses are currently closed, however the Careers and Employability Service are still working to support you.

- You can log onto My Career Enriched (MCE) remotely via this link and contact us using the Query function:
<https://mycareerenriched.cumbria.ac.uk>
- You can book careers appointments and mock interviews on MCE. At the moment these will all be carried by phone or online. Here's some guidance from the IT Service on using Teams:
<https://my.cumbria.ac.uk/Student-Life/it-media/Microsoft-Teams/>
- You can find lots of resources on our My.Cumbria pages here:
<https://my.cumbria.ac.uk/Student-Life/careers/>

Graduate Outcomes Survey (GOS)

Graduate Outcomes is the biggest annual social survey in the UK, giving you the opportunity to be part of the picture and influence the future of education.

You will be contacted by HESA (Higher Education Statistics Agency) 15 months from your completion date inviting you to join 700,000 other graduates completing the survey.

Everything you need to know about the survey is here: <https://www.graduateoutcomes.ac.uk/>

Postgraduate Study

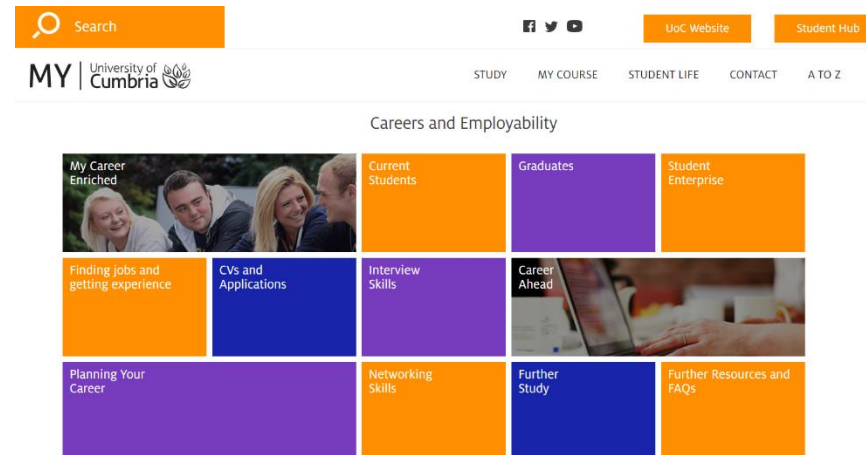
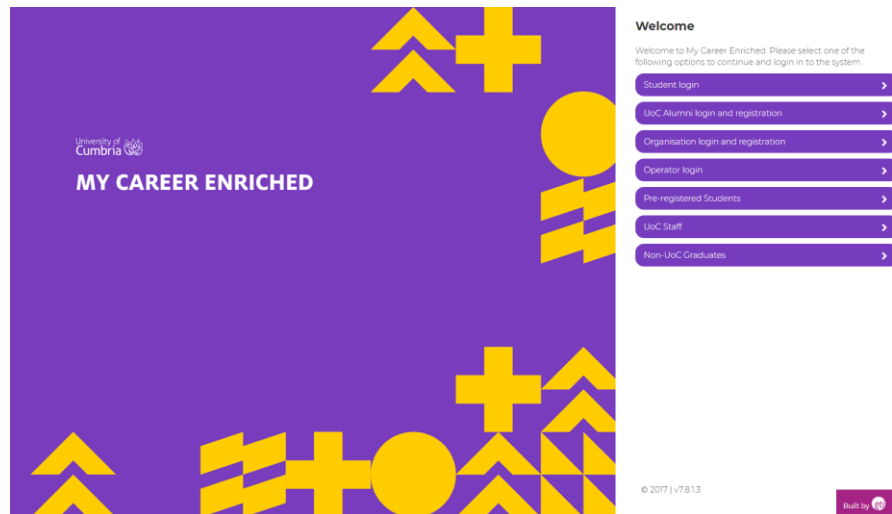
Postgraduate study gives you the opportunity to specialise in the field you are passionate about and advance your knowledge to the highest level.

Alumni could receive up to 20% discount on Post Grad courses here at UOC

For any questions contact enquirycentre@cumbria.ac.uk or telephone 0845 6061144.

Finding Your Way

- Book careers appointments and events on **My Career Enriched** at: <https://mycareerenriched.cumbria.ac.uk/>
- Access resources on **My.Cumbria** at: <https://my.cumbria.ac.uk/Student-Life/careers/>

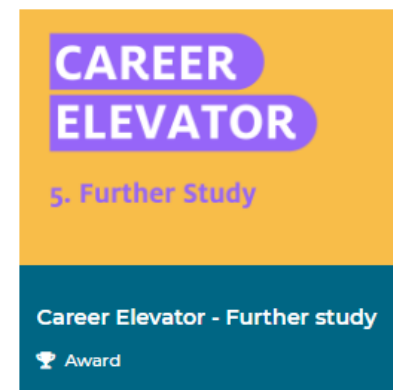
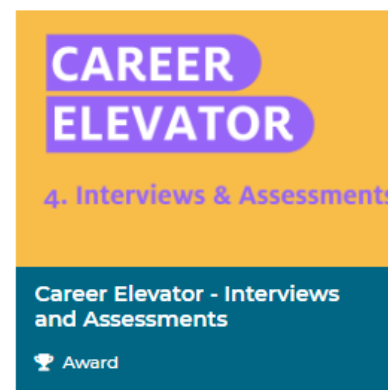
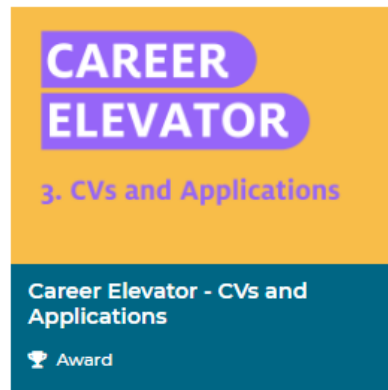
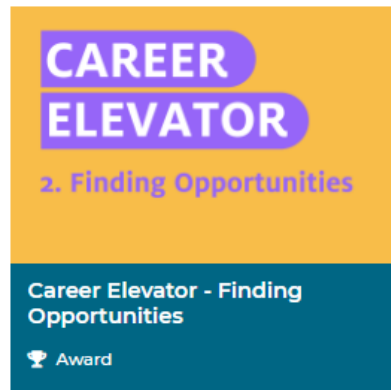
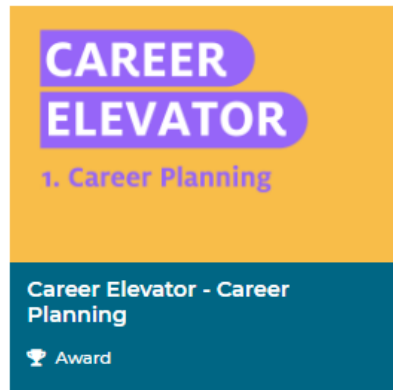


Career Elevator

A brand new series of mini courses to help you boost your career prospects.

Available on **Pathways** on **My Career Enriched** at:

<https://mycareerenriched.cumbria.ac.uk/graduate/pathways/list.html>



Your graduate roadmap



<https://my.cumbria.ac.uk/Student-Life/careers/Graduates/>

Your graduation

Find out all you need to know about graduation on the website at www.cumbria.ac.uk/graduation including:

- Ceremony dates and times
- Tickets and booking information
- Frequently asked questions
- Key dates
- Gown hire
- And more!



Your Next Steps

1. Save your data.

- You can only access your **student email** and **OneDrive** for a year after you finish your course, so make sure you save important files and information somewhere else before you finish.

2. Update your details.

- Before you leave ensure your contact details are up to date through **Icon** on the student hub.

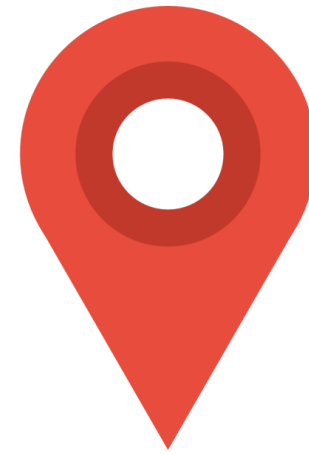
3. Request a reference.

- Email your **campus PAd** (Programme Admin), including the name of your tutor.

4. Activate your graduate account on MCE.

- Convert your student account to a graduate account on **My Career Enriched** – you should receive an email when your course ends with details of how to do this.

Keep in touch!



Visit My Career Enriched:

<https://mycareerenriched.cumbria.ac.uk>

- Visit [My.Cumbria.ac.uk](https://my.cumbria.ac.uk) for resources and advice
- Twitter: [@uoccareers](https://twitter.com/uoccareers)
- Instagram: [@uoccareers](https://www.instagram.com/uoccareers)