

There are some simple things you can do to help protect yourself from allegations:

Students

Consider carefully the implications of sharing your personal email, address or phone number with students, patients, clients or vulnerable adults in a placement setting.

Take care on social media and keep personal information private. Do not create online “friendships” with students, clients or vulnerable adults from a placement setting and be aware of the advice available from [Social Media and You](#) on My.Cumbria.ac.uk.

See the [Student Code of Conduct](#) for further advice.

If you are working with under 18s

- Make sure your placement setting has appropriate risk assessments in place
- Make sure you don’t travel alone with them and have another person present for 121 meetings
- Do not transport under 18s on your own in your own vehicle etc.

University staff

Consider carefully what the implications of sharing your personal email, address or phone number with a student might be.

Take care on social media and keep personal information private. Do not create online “friendships” with students and use university groups not your personal ones for students. Be aware of the advice available from [Social Media and You](#) on My.Cumbria.ac.uk.

See the [Staff Code of Conduct](#) for guidance on expectations for staff behaviour.

If you are working with under 18s

- Make sure you have appropriate risk assessments in place
- Make sure you don’t travel alone with them and have another person present for 121 meetings
- Do not transport under 18s on your own in your own vehicle etc.