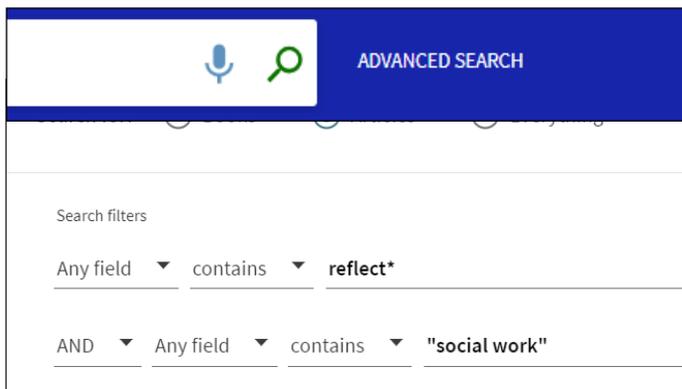


Quick guide to Advanced searching in OneSearch

OneSearch is the University of Cumbria Library search engine. It searches most of our journal collections (databases) in one go, bringing back full text results.

This guide focuses on search tips for using the Advanced search to find journal articles. There is a basic guide for books and simpler searching. This and lots of other videos and guides can be found under Help and Guidance within OneSearch.



ADVANCED SEARCH

Search filters

Any field ▾ contains ▾ reflect*

AND ▾ Any field ▾ contains ▾ "social work"



OneSearch is linked from the student hub or scan this QR code or click for the link.



Plan your search



Use the search form linked in the QR code

1. Think about your search terms—keywords

- are there alternative American spellings? If so do you include them or choose your spelling to exclude American results?
- Are there synonyms or alternative words that you could also use?
- Are there more specific terms to narrow your search or broader terms to widen the search if you don't find what you need?

2. Identify any key phrases or truncation of multiple endings.

Phrase searching "Cardiovascular health"	Adding quotation marks finds the words next to each other, making your results more relevant.
Truncation Child* will find child and children	A * at the root of a word finds the various endings without having to repeat the search.

3. Combine with Boolean operators AND, OR and NOT

AND narrows your search as it has to include both terms	Health AND Chocolate
OR broadens your search with an either/or.	Chocolate OR cocoa
NOT excludes a subset of results	NOT review – if you want primary research, not a literature review.

These are embedded within OneSearch and other academic databases. They need to be in CAPITALS for the search engines to recognise and use them.

Select the Advanced search

(to the right of the main search box)



1. Select **Articles +** above the search box (*Everything* will bring back books and videos as well and we are looking for articles).

2. Enter your terms, **1 concept per row**, this allows you to manipulate individual parts of the search. Here we are looking for “cardiovascular health” AND (chocolate OR cocoa) but in this instance we don’t want a literature review.

Search for: Books + Articles + Everything

Search filters

Any field	contains	"cardiovascular health"	Phrase	
AND	Any field	contains	chocolate* OR cocoa	OR
NOT	Any field	contains	review	

+ ADD A NEW LINE

As many as you need

A screenshot of the advanced search interface. At the top, there are three radio buttons: "Books +", "Articles +", and "Everything". Below this is a section titled "Search filters" with three rows of search criteria. Each row has a dropdown menu for the operator (AND, OR, NOT), a dropdown menu for the field (Any field), a dropdown menu for the operator (contains), and a text input field. Annotations include: a yellow arrow pointing to the "Articles +" radio button; a yellow arrow pointing to the "Phrase" dropdown menu; a yellow arrow pointing to the "OR" dropdown menu; a yellow arrow pointing to the "AND NOT" text; and a yellow arrow pointing to the "As many as you need" text. A blue "+ ADD A NEW LINE" button is located below the search filters.

3. Ignore the extra search options on the right and click on the magnifying glass.



TIP—Make sure you have **signed in** to be able to save individual articles and your search (then you can come back to it later).

4. Use the 'Tweak your results' option to add any relevant filters to your search - such as date or subject.

N.B. the peer review option doesn't work in OneSearch, it removes too many relevant results.

5. If you are doing a few searches use the padlock to fix your date range. This saves you adding it each time.

6. Expanding your results will bring back articles that we don't subscribe to.

Active filters

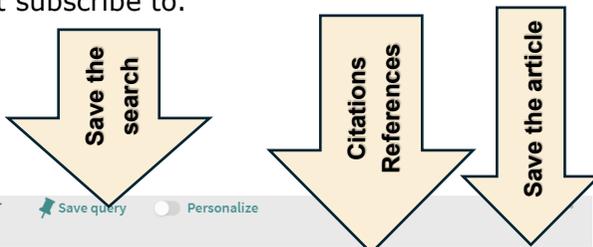
Years: 2014-2024 X

Remember all filters

Reset filters

Tweak your results

Expand results beyond UoC Library



0 selected PAGE 1 1-10 of 632 Results Save query Personalize

ARTICLE

The acute and sub-chronic effects of **cocoa flavanols** on mood, cognitive and **cardiovascular health** in young healthy adults: a randomized, controlled trial

Massee, Laura A ; Ried, Karin ; Pase, Matthew ; Travica, Nikolaj ; Yoganathan, Jaesshanth ; Scholey, Andrew ; Macpherson, Helen ; Kennedy, Greg ; Sali, Avni ; Pipingas, Andrew

Frontiers in pharmacology, 2015-05, Vol.6, p.93-93

“Cocoa supplementation has been associated with benefits to cardiovascular health...”

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