# **Options with a degree in Outdoor Studies**

Including Outdoor Leadership, Outdoor Adventure & Environment and Outdoor Education

## What skills will you develop?

Outdoor Studies graduates are able to:

- demonstrate advanced communication skills
- work effectively in a team
- lead and motivate others
- work independently
- > self-appraise, reflect on practice and cope resiliently with challenging situations
- know how to plan and manage their own learning

These are just a sample of jobs where an Outdoor Studies degree would be a useful background or relevant first step prior to further training or study:

- Adventure tourism
- Community development worker
- Community education worker
- Countryside officer
- Expedition adventure leader
- Learning mentor
- Management/corporate trainer
- Nature conservation officer
- Outdoor education/activities manager
- Outdoor instructor
- Primary school teacher
- Teaching assistant
- Uniformed services
- Volunteer co-ordinator
- Youth and community worker









## What have recent Outdoor Studies graduates gone on to do?

- Activity Instructor Go Ape
- Bassenthwaite Reflections Project
- Director of Training, Wilderness Scotland
- Head of Outdoor Centre
- Head of Safety and Training, World Challenge
- Inclusive Education Practitioner, Peak Education
- ➤ Local Mountain Guide Lake District Walker
- National Park Officer, New Zealand
- Outdoor Access, Recreation and Tourism Consultant
- Outdoor Instructor Bradford Woods University Outdoor Instructor
- Outdoor Learning Consultancy
- Outdoor Learning Officer, Caingorm National Park
- Researcher in climate change
- Retail manager Grasmere Garden Centre
- School Teacher, Primary (including Headmasters!)
- Senior Instructor, Belfast Activity Centre

#### What other career options are there?

Many employers seek graduates with a good degree (usually a 2.2 or higher), and over 80% of employers don't have a preference for the subject studied. These are other areas you could also consider. Some of these will involve further study or training:

- Accountancy
- Administration
- Advertising
- Banking
- Charity and voluntary work
- Civil Service
- > Events management
- Finance
- Hospitality
- > Human Resources

- Insurance
- > Law
- Local government
- Management
- Marketing
- Public Relations
- Recruitment
- Sales and retail
- > Tourism









# For more information about different sectors and job roles, including careerplanning tools, the following websites are helpful:

<u>Prospects</u> <u>National Careers Service</u>

<u>Targetjobs</u> <u>Allaboutcareers</u>

#### What help is available from the University of Cumbria?

The Careers and Employability Service can support you with your career planning throughout your time at university, and for up to three years after you graduate. During this time, you can access our career hub, My Career Enriched, which enables you to:

- search for graduate jobs, part-time work, work experience, placements and paid internships
- book one-to-one advice and guidance appointments
- book a practice interview
- book onto employability events
- access the CV/application review service

We also offer practical workshops on a range of employability topics, as well as advice and information about further study.

Students with a disability or health condition can request information and advice on finding disability confident employers, how to declare a disability, applying for work, and requesting adjustments in the recruitment process. Access our range of careers information and resources on <a href="My.Cumbria.ac.uk">My.Cumbria.ac.uk</a>

#### Other useful sources of advice:

- Targetpostgrad
- FindAMasters
- Institute for Outdoor Learning
- > The Outward Bound Trust
- Venture Scotland

- Wilderness Scotland
- Plas y Brenin The National Mountain
  Centre
- National Youth Agency

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