

A very quick guide To APA referencing

(7th edition, 2019)

This leaflet is intended as a very quick guide to APA referencing. For more information and further examples see:

American Psychological Association (2019). *Publication manual of the American Psychological Association*. (7th ed.). American Psychological Association.

Copies in the Library at shelfmark: 808.06615 Ame

Introductory tutorial and more at www.apastyle.org

What is referencing?

You need to acknowledge other people's ideas and reference the sources that you have used in your assignments. This is done in two parts:

- a brief **citation** which appears within the text and refers to
- the full **reference** which is listed at the end of your work.

Everything cited should appear in the **Reference List**, in alphabetical order, by author's surname.

Skills@Cumbria



Websites - with an organisation

Author or organization. (Year or last updated). Title of site or page. URL

British Psychological Society. (2019, November). *BPS calls for child wellbeing to be at the heart of politics*. <https://www.bps.org.uk/news-and-policy/bps-calls-child-wellbeing-be-heart-politics>

Websites - with an author

Author or organization. (Year or last updated). Title of site or page. URL

Hyman, I. (2012). *Remembering the Father of cognitive psychology*. <https://www.psychologicalscience.org/observer/remembering-the-father-of-cognitive-psychology>

In Text Citations

Always include the author's surname and the year of publication. Include page numbers only for quotations.

Authors can be:

- part of the text
e.g. Cottrell (2008, p.156) argues that "...."
- supporting the point — put at the end of the sentence
e.g. New methodologies approach (Williams, 2009).

Multiple authors

1 or 2 authors are always cited.

If 2 authors insert '&' OR 'and' between the names e.g.

- Bates and McCann (2019) says...
- New research indicates....update this method (Bates & Mccann, 2019).

3 or more: first author plus et al. Eg

- Smith et al. (2019) says that
- Recent changes outcomes (Brown et al., 2016).

Reference List

- All authors must be included in the Reference List.
- Exception: If 21 or more authors, insert an ellipsis (...) after the 21st and before the final author

The most common bibliographic elements are listed below.

	Format	Comment
Author	Surname, initial.	Always first. List authors in the order they are named on the source. See p.4 for multiple author details
Year of publication	(Brackets).	Rounded brackets. Full stop after 2nd bracket eg (2019).
Title of article/ chapter	Title of article or chapter. No quote marks	Used for a chapter in a book OR journal article.
Title of publication	<i>Italics</i> BOOK JOURNAL	Capitalise the 1st letter of first word and any proper nouns. Capitalise first letter of every word, except for linking words.
Edition	(number ed.).	Only used if not the 1 st . eg. (2 nd ed.).
Issue details	<i>Volume no. in italics</i> (Issue number)	Numbers as figures eg. 17(6),
Publisher's name	Publisher	Eg. McGraw-Hill
Page Number	66-78 (pp.66-78).	No additional formatting for articles p. or pp. used for book chapters only
Electronic publication	URL of DOI (Digital Object Identifier) URL if no DOI	Eg https://doi:10.1007/s10479-0080325-2 If no DOI give the web address but ONLY if from a non database URL

References are constructed from a combination of the bibliographic details. Here are a few examples of the most used information sources. Check the full manual for any other materials.

Note that all lines after the first line are indented.

Books – Print or Ebook

Author. (Year). Title. (Edition.). Publisher.

Howitt, D., & Cramer, D. (2017). *Understanding statistics in psychology with SPSS*. (7th ed.). Pearson.

Chapter of an edited book

Author. (Year). Title of the chapter, In Editor of the book (Ed.), Title of the book (Edition, Page Numbers). Publisher.

Hope, L. (2015). Eyewitness testimony. In: D. A. Crichton, & G. J. Towl (Eds.), *Forensic psychology* (2nd ed., pp.45-64). Wiley.

Journal article - with a DOI

Author. (Year). Title of article. Title of Journal, Volume (Issue), page number(s) doi

Hoelterhoff, M., & Chung, M. (2015). Death anxiety resilience: a mixed methods investigation. *Psychiatric Quarterly*, 88(3), 635-652. <https://doi:10.1007/s11126-016-9483-6>

Journal article – without a DOI

Author. (Year). Title of article. Title of Journal, Volume (Issue) Page number(s). URL

Shaw, R. D. (2014). How Critical Is Critical Thinking? *Music Educators Journal*, 101(2), 65–70. <http://www.jstor.org/stable/43288924>